

sentis
education



EDUCATIONAL **COACHING**

psychology
neuroscience
enhanced performance
excellence

sentiseducation.com.au



Our **mission...**

is to change the lives of
individuals and organisations
for the **better**, every day.

| Our Coaching

The Sentis Education Coaching Team applies the latest neuroscience and psychology to enhance your leadership, resilience and ultimate performance.

Coaching can be a powerful strategy to support change and drive an improvement agenda. You do not need to have attended our programs for our coaching to be effective.

| Why Coach?

There is substantial research demonstrating that effective leadership development requires a blend of approaches. 'On the job' and formal learning approaches are complemented best with support, feedback and coaching.

No one-size-fits-all learning and development program alone will support individual development

needs. Coaching addresses specific, individual challenges that your leaders are grappling with.

Coaching is aimed at solutions and action, taking individual strengths and development needs into account to achieve potential.



"I never cease to be amazed at the power of the coaching process to draw out the skills or talent that was previously hidden within an individual and which invariably finds a way to solve a problem previously thought unsolvable." **John Russell**

| How will you **benefit?**

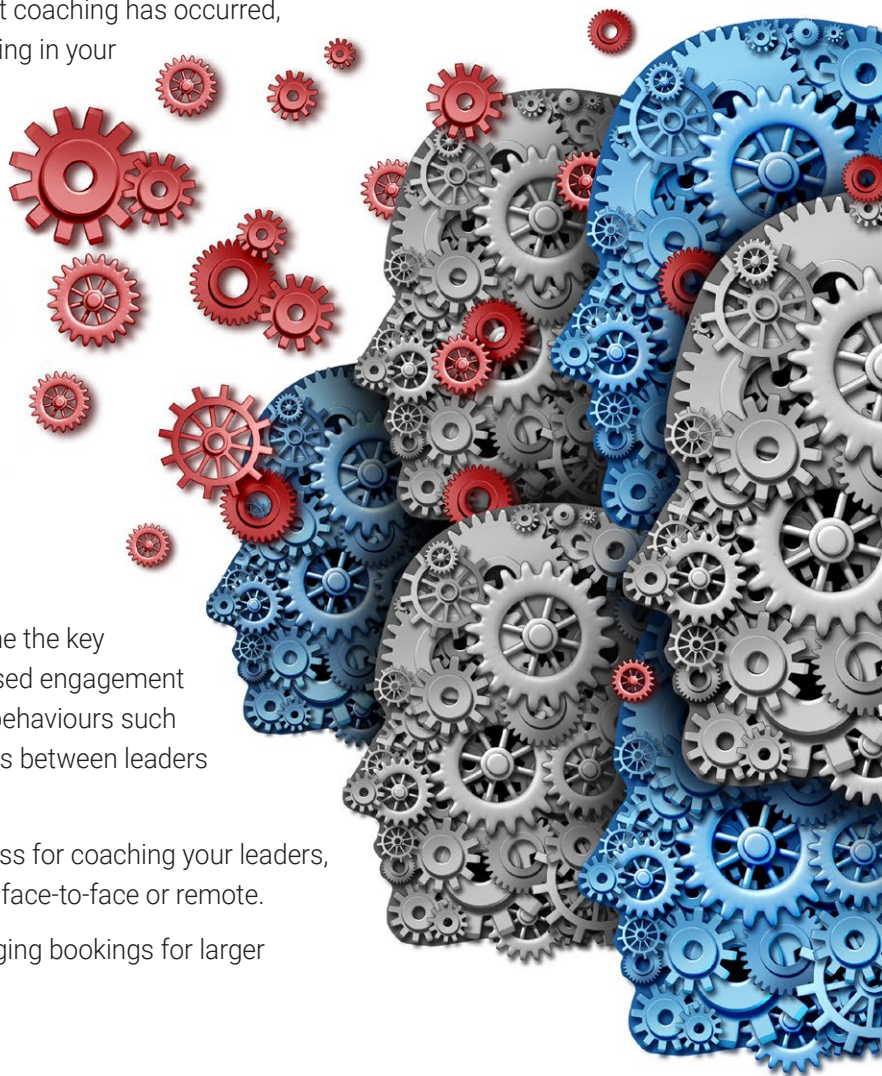
- Sentis Coaching drives real improvement in your leaders and achieves measurable outcomes. All coaching sessions lead to clear action plans to drive behaviour change
- Visual dashboards can help you track what coaching has occurred, and the key challenges that people are facing in your business
- Coaching progress can be measured and improvement tracked over time
- Coaching is a flexible and responsive development tool, dealing with real and relevant leadership issues.

| What is **involved?**

Sentis will assist your organisation to determine the key results you want to see, whether that is increased engagement of leaders in driving improvement, or specific behaviours such as an improvement in the quality of interactions between leaders and staff.

We can assist you in identifying the best process for coaching your leaders, whether that is one-on-one or group coaching, face-to-face or remote.

We are able to provide online support in managing bookings for larger coaching rollouts.





| What do we **deliver**?

- Sentis Coaches are highly skilled to work with all levels of your talent pipeline - from Executive Leaders, to Middle Management, Supervisors and Team Leaders
- Flexible formats are available from senior leader levels where one-on-one coaching is recommended, to Supervisory or Team Leader group coaching of up to five individuals per session
- Sentis can deliver coaching in a range of locations including office, in-field, and remote coaching via video or tele-conferencing
- Visual dashboards can help you track who is being coached, when the sessions occur, as well as map any key trends in challenges identified by coachees within your organisation
- Coaching journals or online tracking is available for individuals to track their progress



| **Integrate** with other solutions

Sentis' Coaching Solutions can be offered in conjunction with a cultural change program or a Sentis Education Leadership Program or can be used in targeted instances to assist an individual or team with personal and professional development.

Sentis Education Coaching is best supported with the inclusion of the Sentis Education LEADQ 360 Assessment to provide both baseline and ongoing measurement of a leader's progress towards their defined goal.



If you are interested in finding out more about our coaching packages, please get in touch.

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